



NCATS Internet Writing Contest Rules

Theme: *How has NCATS Internet changed your life for the better?*

Whether it's helping you work from home, complete online classes, connect with loved ones, or enjoy your hobbies, share your story!

Contest Details

1. Eligibility:

- Open to all NCATS Internet customers and their family members ages 10 and up.
- Entries must be submitted by individuals, not groups.
- Participants under 18 must have parental consent.

2. Submission Guidelines:

- **Format:** Written submissions only. Acceptable formats include essays, letters, or creative storytelling.
- **Length:** maximum 500 words
- **Language:** English.
- **Deadline:** January 31st, 2025
- **Submission:** Submit via email to: mdubois@ncresa.org or through the NCATS website form on www.ncats.net/testimonials

3. Judging Criteria:

- Relevance to the theme.
- Creativity and originality.
- Clarity and organization.
- Emotional impact.

4. Categories/Brackets:

- Ages 10–14 (Youth)
- Ages 15–19 (Teens)
- Ages 20+ (Adults)

5. **Prizes:**

- **Grand Prize (1 Overall Winner for Adults):** 6 months free NCATS Internet (\$450 account credit)
- **Grand Prize (1 Overall Winner for Youth/Teen):** \$100 Visa Gift Card
- **First Prize (Per Bracket):** \$50 Visa gift card
- **Runner-Up (Per Bracket):** \$25 Visa gift card + honorable mention certificate.
- **All participants:** entries may be shared in NCATS marketing materials

6. **Recognition:**

- Winning entries will be shared on NCATS social media, website, and newsletter.

7. **Additional Rules:**

- All entries must be original, authentic, and unpublished.
- By entering, participants grant NCATS permission to share their submissions.
- NCATS employees and their immediate family members are not eligible to participate.